

DHARA Sansthan

ANNUAL REPORT

2019 - 2020





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From CEO's desk.....



Walking for kilometers has been a huge joy for decades, and we as an organization have come through ups and downs in a healthy manner. Aside from that, challenges have been a stepping stone into the voyage of success and failure.

Being in the development sector and observing improvements during interventions has highlighted the importance of improving people's lives at the altar.

Throughout the shift we have witnessed, we have been guaranteed to be diligent at our work culture and reproduce humans as transformation for society, and we aim to align with it in the coming years and commit to strive for the welfare of marginalized people.

Thanks, and Regards Mahesh Panpalia, Chief Executive DHARA Sansthan



About Dhara Sansthan

DHARA (**Society for Development Health Hygiene and Rural Action**) is a non-profit developmental organization working in Rajasthan and Gujarat region from last three decades. Dhara Sansthan is a registered under the Society Registration Act 1958, India in the year 1989.

DHARA is a nonprofit developmental organization working in a Western part of the Rajasthan from last two decades. Dhara defines the great dream of Robert Chamber "The development is that needs to prove by work of efficiency". DHARA follows the principles of resource development and productivity through efficient management practices, focusing on aspects of sustainable development incorporating. Since the beginning, Dhara is working for empowering poor and deprived community for increased access to basic requirements such as health, education, drinking water, and resource base in rural areas. Dhara has worked with more than 1, 00, 000 rural families and many funding agencies. Through its experience in various fields, it has created a leading image in developmental sector in western Rajasthan as well as National level.

1. Our Vision

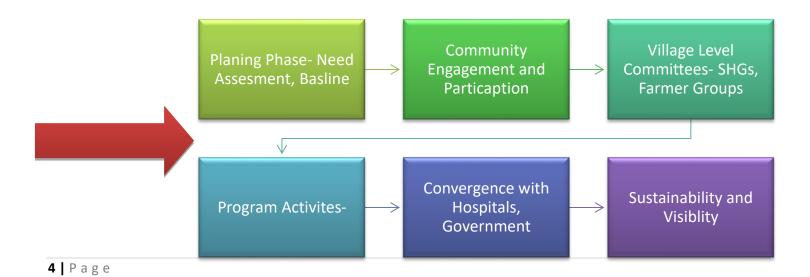
We envision for the betterment of the vulnerable section of the society through addressing their most impactful need.

2. Our Mission

Serving in vulnerable areas of society in such a way that it has an impact on the community and nation development.

3. Our Approach

We follow the following systematic process of program implementation. Community development is the ultimate aim for us. We worked on various projects on rural development such as women empowerment, health and education, drought mitigation, disaster Relief etc.





A. Project Overview

Project Name	Donor Agency	Area
Nand Ghar	Vedanta	Jaipur, Rajasthan
Mobile Health Van	Vedanta Cairn Oil Gas	Tharad, Gujarat
Mobile Health Van	Vedanta Cairn Oil Gas	Viramgam, Gujarat
Mobile Health Van	Vedanta Cairn Oil Gas	Barmer, Rajasthan







B. Projects Brief

1. Nand Ghar- Brief

Interactive Learning

 Nand Ghars aim to improve pre-primary education by interactive learning. BaLA designs, pre-loaded content on TV, AD boards and smart kits provided to children help in building cognitive ability.

Healthcare

- Each cluster of 25-30 Nand Ghars have a Mobile Medical Unit (MMU) equipped with a Doctor & a Paramedic. The MMU is designed to provide essential Primary Healthcare services and refer emergency cases to nearest Community Health Centre.
- Arranges mega health camp at each and every Nand Ghar

Infrastructure

 The building uses Precast shells built through Schnell Technology. The turnaround time for construction is 45 days and the resulting structure is thermally insulated, earthquake resistant and dampness proof and by adding continuous electricity supply through Solar Panels.

Skill development and Entrepreneurship

 "Women in rural India spend 30 percent of their time working in the fields." Nand Ghar supports women towards entrepreneurship by providing training, access to credit and support services. Women are encouraged to establish their own startups through motivational sessions.

Monitoring on Daily Basis

 DHARA team continuously monitoring on all its centres to keep running the program in smooth and better manner. App based monitoring helps to evaluate the progress on daily, monthly and annually basis.

Community Engagement

- DHARA keep Parents teacher meeting, monitor the activities of Mother child health nutrition day, Village health sanitation nutrition committee
- Orgainzing community engagement events suh as important day celebration, health camps, festival celebration etc to engage



I. Nand Ghar Programme

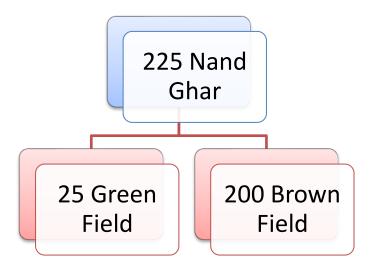
NandGhar offers an integrated education for children in the age group of 0-6 years, while providing nutrition and hygienic sanitation facilities. Safe drinking water, mobile health vans, nutritious meals, toilets and awareness on practices that promote a healthy atmosphere for mother and child are some of the many facilities of this modern Anganwadi, as the social incubators of educating children and eradicating malnutrition are the most effective way to mobilize the upliftment of communities on a national scale. The other benefits, is the infrastructure of NandGhar, which is designed to be fire resistant, damp resistant and earthquake resistant. The prefab structure has the convenience to be built in less than one and half month. Clean energy for a TV and other appliances is obtained from solar power panels that ensure the availability of electricity always. The Nandghars will run as children's education and health centre in the morning and train women in vocational skills in the second half. This will be a revolutionary measure to eradicate malnutrition in children and create women entrepreneurs across India.

In Jaipur, DHARA is working as an Operational and Management partner of NandGhar program, funded by Vedanta. DHARA Sansthan is an operational and maintenance (O&M) partner of NandGhar program, Jaipur. Basically, NandGhars are the transformation of oldAnganwadis into new Anganwadis, named NandGhar, which are child friendly and equipped with modern tools of education learning and physical, mental, emotional and cognitive development of children. NandGhars are designed to keep focusing on Early Childhood Development (ECD) as well as to improve the Integrated Child Development Services (ICDS) by strengthening the health, nutrition and educational model already running under ICDS.

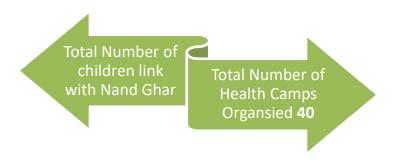
Locations in Jaipur

Dhara Sansthan operating 225 Anaganwadi centre's in Jaipur under NandGhar project. We have 25 green field and 200 brown fields. Green fields are those Anganwadi centers which buildings are child friendly in nature and constructed by our team on the other hand brown fields are those Anganwadi centers which building were provided by the ICDS/Panchayat and we provided the other assets like Smart T.V, Smart kit, A.D boards, BaLA paintings, solar panels, inverter and battery etc. Mostly brown fields are in the core rural area of Jaipur





The impact you helped to create: -



2. Mobile Health Van- Project Brief

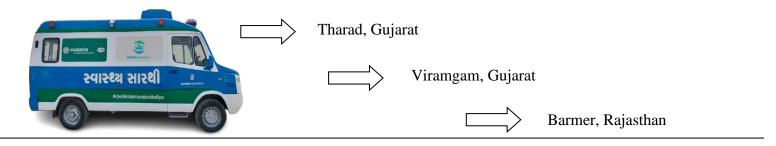
Mobile Health Van Program is a health intervention initiative designed by the Cairn oil & gas and it is being implemented with the collaboration of Dhara Sansthan in the part of Barmer district of Rajasthan. Cairn oil & gas has supported Dhara Sansthan for executing MHV project along the pipe line route.

This basic purpose of the program has been to initiate health-based intervention in the pipeline village to address the need of health services and increase its footprints in those villages.

Dhara Sansthan's MHV mission is to develop an optional mechanism for unprivileged and marginalized section of the society with commitment for sustainability and improved quality of healthy life through Mobile Health van programs.



MHVs' operational area in the year:



These are the location where the Mobile Health Van Project implemented supported by Vedanta, Cairn Oil & Gas

Vedanta, Cairn Oil & Gas has supported Dhara Sansthan for executing Mobile Health Van project along the pipe line route. The basic purpose for Cairn was to initiate health-based intervention in the pipeline villages to address the need of health services and increase its footprint in those villages.

Mobile health program was started from the village Hariyali from 15th of August 2010 by Dhara Sansthan by the financial support of Vedanta Cairn Oil & Gas. The objective of this program was to provide the health care services to the pipe line villages of Vedanta Cairn Oil & Gas and to make them aware regarding the diseases. Every program has two kinds of objectives one is short term objective and the other is long term objective. Short term objective here is to provide the health care services at their door step and to guide them how they can live healthy life. Long term objective is to make them aware regarding the diseases and how they can protect themselves from the diseases, and if they are suffering from disease then they are referred to sub center or hospital for cure.

Major Component of Mobile Health Van (MHV)
General Health Check-up.
Referral Service.

The components of the project are designed as such that the community will be benefitted both in terms of medical treatment with a qualified doctor's advice in their door step and also to generate awareness by organizing the awareness camp and events in the Cairn operating villages.

The MHV Team includes full time staffs in the program such as- MBBS doctor, Optometrist, and a pharmacist is responsible to carry out the program, a full-time project coordinator is looking after the overall management of MHV and liaison with different government bodies.

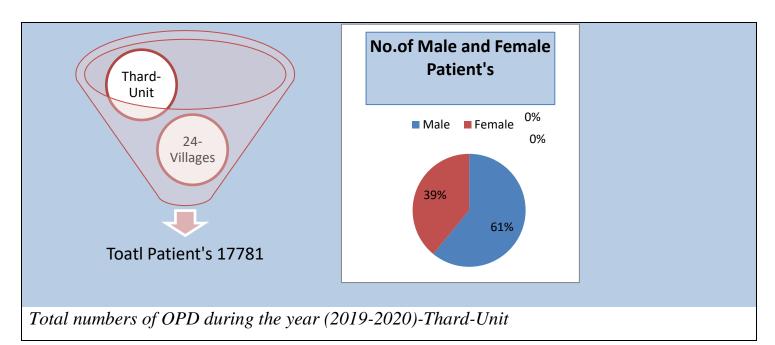


I. Mobile Health Van (Tharad-Unit)

Tharad is a fertile area is outlying area. Although physical infrastructures are very racy in this area but major problem is scattered population and water problem. Due to this problem, it's very difficult to bring the all facility to remote areas. It was observed that this is a major reason behind the huge gap in health standard across the Vedanta Cairn Oil & Gas operational area.

To overcome this problem a major initiative was taken by Dhara Sansthan with financial support of Vedanta Cairn Oil & Gas. The objective was "To strengthening the health standard and provide quality health service s in pipeline villages". The journey of MHV was started on 14th August 2013 for a Pilot Testing. Currently MHV is covering 24 villages under Vedanta Cairn Oil & Gas operational area in Tharad, Lakhani and Deodar block and Banaskantha District.

The impact you helped to create



Total numbers of OPD during the year (2019-2020) below:

MONTHS	YEAR	MALE	FEMALE	TOTAL
April	2019	585	403	988
May	2019	675	510	1185
June	2019	651	356	1007



July	2019	802	519	1321
August	2019	798	558	1356
September	2019	1138	812	1950
October	2019	983	543	1526
November	2019	1045	668	1713
December	2019	1184	750	1934
January	2020	1204	686	1890
February	2020	1105	718	1823
March	2020	670	418	1088
TOTAL PATIENT'S		10840	6941	17781

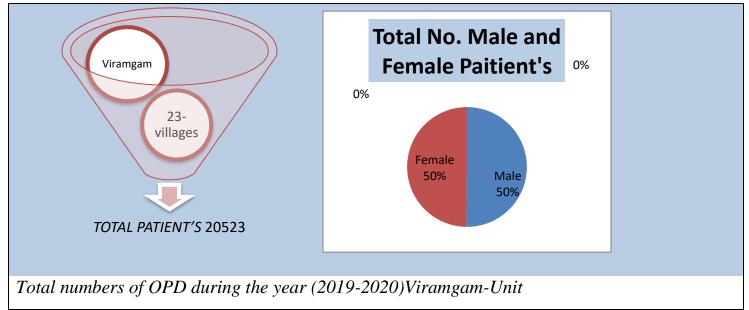
II. Mobile Health Van (Viramgam-Unit)

Viramgam is a fertile area and Surendranagar is outlying area. Although physical infrastructures are very racy in this area but major problem is scattered population. Due to this problem, it's very difficult to bring the all facility to remote areas. It was observed that this is a major reason behind the huge gap in health standard across the Vedanta Cairn Oil & Gas operational area.

The objective of this program was to provide the health care services to the pipe line villages of Vedanta Cairn Oil & Gas and to make them aware regarding the diseases. Every program has two kinds of objectives one is short term objective and the other is long term objective. Short term objective here was to provide the health care services at their door step and to guide them how they can live healthy life. Long term objective was to make them aware regarding the diseases and how they can protect themselves from the diseases, and if they are suffering from disease then do not ignore them and go to sub center or hospital to cure that, ignorance will be dangerous and may cause serious diseases.

To overcome this problem a major initiative was taken by DharaSansthan with financial support of Vedanta Cairn Oil & Gas. The objective was "To strengthening the health standard and provide quality health service s in pipeline villages". The journey of MHV was started on 14th August 2013 for a PILOT TESTING. Currently MHV is covering 23 villages under Vedanta Cairn Oil Gas operational area in Viramgam and Surendranagar block of Ahmadabad and Surendranagar District. **The impact you helped to create:-**





Total numbers of OPD during the year (2019-2020) below:

MONTHS	YEAR	MALE	FEMALE	TOTAL
MONTHS	IEAK	WALE	PENIALE	TOTAL
April -2019	2019	755	682	1437
May-2019	2019	810	755	1565
June -2019	2019	739	796	1535
July -2019	2019	967	1039	2006
August -2019	2019	816	872	1688
September -2019	2019	880	814	1694
October -2019	2019	1138	812	1950
November-2019	2019	825	874	1699
December-2019	2019	1012	1066	2078
January -2020	2020	905	956	1861
February -2020	2020	793	897	1690
March-2020	2020	664	656	1320
TOTAL PATIENT'S	2020	10304	10219	20523



III. Mobile Health Van (Barmer-Unit)

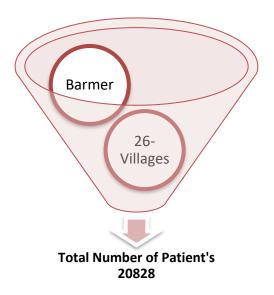
Barmer is one of the largest districts of the state of Rajasthan is largely arid. Apart from small offshoot of Aravalli hills in East, the region has vast sand cover tract which stretches for miles and miles together and forms a part of Thar Desert known for its dryness, extreme temperature and erratic rainfall. The district as it is located in a fragile environment and a border district with uneven terrain over the years had suffered nature and the state faced ample difficulties in provision of basic amenities to the local population due to sparse density which leads to higher cost of delivery of basic infrastructure. How can the quality of life be improved in the district and how people can be empowered is a major concern at present? For the local population encompasses mostly of schedule castes, scheduled tribes and refugees of Indo-Pak wars, life is struggle. Agriculture which is the mainstay of rural India is an unattractive proposition due to the frequency of droughts that plague the area, the inhospitable terrain and the lack of irrigation facilities. With no industries around, the only source of income seems to be animal husbandry, the traditional craft of patchwork and mirror embroidery, practiced by the women of the area. Dhara with the financial support of Vedanta Cairn Oil & Gas mutually took an initiative to overcome the health-related problems and started Mobile Health Van with the objective of "To strengthening the health standard and provide quality health services in pipeline villages".

Mobile health program is covering 26 villages which are including Ghonari Nadi, Nathanion Ka Vaas, Dakshini Matasar, Buratiya, Bakaniyon ka was, Dhundha, Revali, Chokhaniyonka tala, Navaldev ki chatri, Lakhetali, Rasaramkipyau, Baniya Sandadhora, Nimbaniyon ki dhani. Madpura barvalla, Godaron ki dhani, Balaniyonkidhani, Motiyaniyonka tala, Sanjhta, Polaniyon ki dhani, Ashuo ki dhani, Ravatsar, Bhambuo ki dhani, Khejariyali, Jhakh, Chenaniyon ki dhani, Bhimda.

Awareness camp have been Organized in the target villages for generating awareness among the villagers regarding the diseases like seasonal diseases, Malaria, Diarrhea, Chicken Guinea, Skin Infection, Swine flu as well as awareness about the source of quality nutrition which are prevalent in the respective villages.

The impact you helped to create: -





Total numbers of OPD during the year (2019-2020) below:

Availability of	Achieve - April 2019 to March 2020												
curative healthcare services	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
Daily village covered	108	120	106	120	114	110	114	108	114	120	104	104	1342
Daily OPD / Patients checkup	1353	1015	832	1559	1418	1814	1688	1947	2932	2505	2255	1510	20828
No of referrals cases	3	1	0	2	5	5	3	8	2	2	6	1	38
No of home visit	8	1	1	2	1	1	2	3	2	1	1	1	24
No of ANCs	6	4	6	10	7	11	9	7	13	9	3	7	92
No of PNCs	11	16	7	8	7	7	13	12	13	10	8	4	116
No of Malaria test	0	0	0	1	2	0	1	2	2	0	0	0	8
No of BP Test	10	9	11	15	9	20	9	17	18	15	15	13	122
No of Sugar Test	6	5	3	2	3	3	0	2	3	1	2	1	31
Case studies	3	1	1	1	1	2	1	1	1	1	2	2	17
Community meeting with stockholder	1	1	1	2	1	1	2	1	1	3	2	1	17
Awareness	3	2	3	4	1	1	5	3	3	3	3	2	33
Sanitary pads / Menstrual hygiene awareness	29	52	42	581	367	633	1003	1074	833	616	510	332	6072



Conclusion summary:

The year has been fascinating, with broad learning from the field and various interventions from a health and nutrition viewpoint. Learnings were diversified alongside the challenges as they went through various ups and downs. As a result, we as an organization were able to cognitively implement the program's perceptiveness using a well-versed system.

This year's enormously joyful journey has been successful and tasteful in increasing the profitability of the organization formed.

Thank You...

