

Annual Report

2004-05

**DHARA
Sansthan**

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From the Chief Executive Desk

I have great pleasure to presenting the Annual report of the DHARA Sansthan for the year 2004-05. DHARA , society for development health hygiene and rural action has been working for more than a decade with women, children, on the issues health, education, drinking water, drought relief in the privileged/marginal communities in the rural areas. The organisaton has learnt much working on health, eductation and livelihood and development issues at various level.

I wish to reiterate the fact that the organization has gained in terms of underking implementation programmes through the process of working with the community. This has not only helped us enhance our understanding of development issues but also enable us to define and refine the basic guidelines governing the organization.

For all the efforts, we are grateful for the cooperation and support of the State government agencies, national nongovernmental organizations and international non-government organizations. Last but not the least, we thank the people of the communities we worked with. We seek your support and cooperation to keep up our endeavor with dedication and commitment. We promise to all an honest effort.

Mahesh Panpalia
Chief Executive

Introduction of Organization

DHARA, an acronym for Society for Development of Health Hygiene and Rural Action, is a non-government organization. It was registered under the Act on 30 March 1989. It has been working on women and child health issues for the last 10 years. Dhara's scope of work is spread over the whole Barmer district of Rajasthan. Barmer district was formed in 1949 as a result of merger of small states of Pachpadadara, Malani, Barmer, Shiv, and Siwana, which were under the erstwhile state of Jodhpur.

Vision

To create exploitation free society on the principle of social justice and gender equality.

The Mission

To improve the living condition of women by strengthening their livelihood, health and education; enabling them to build accessibility and control over issues affecting their lives.

*The Philosophy and The Strategy *

DHARA believes that health is a legal right of the people and its provision is a fundamental duty of the state. The organization takes a human right approach on the issue. The organizational strategy is to organize and promote women institutions around development services and basic right issues. Health is an integral part of the organization's strategy of total development.

The Thrust Areas

Health
Education
Women empowerment
Water management
Relief Work
HIV/AIDS
Adolescent Sexual & Reproductive
Rights
Epidemic Management

The Region

Barmer, one of the largest and most Backward districts of the exotic State Of Rajasthan is largely arid. Apart from a small offshoot of Aravalli hills in the east, the region has vast sand covered tracts, which stretch for miles and miles and form a part of the Thar Desert that is known for its dryness extreme temperatures and erratic rainfall. The total area of Barmer is about 28,387 sq. km., which is 8.29 percent of the total area of Rajasthan. Barmer has extremes of temperature, sandstorms and paucity of rainfall. In some years the temperature soars up to 510 C. The average rainfall is 30 cm.

The population of the district is 19,63,758 which consists of 9,27,945 females and 10,35,813 males (census 2001). Total literacy rate of the district is 59.65, with male literacy rate of 73.64 and female literacy rate 43.91. The sex ratio is 896:1000. The population density of the district is 69 persons per sq. km. Schedule Casts (SCs), Schedule Tribes (STs) and refugees of Indo-Pak wars constitute most of the population of the district. Almost 80% population in the district is engaged in agriculture while the other main occupations are animal husbandry and handicrafts. Barmer has its district headquarters in Barmer town. The district has three subdivisions namely Barmer, Balotra & Gudamalani and 8 tehsils. The district is also divided into 8 Development Blocks (i.e. have 8 Panchayats Samities).

Indicators	Population		Literacy		Mean age at Marriage	Sex Ratio	0-6 population		CBR	CDR	TFR	IMR
	Male	Female	Male	Female			Male	Female				
Rajasthan	2942011	27087177	75.7	43.9	17.5	921	5579616	5071386	32.1	8.9	4.9	85
Barmer	1038247	926588	72.8	43.4	14.7	892	227141	208694	35	8.5	5.5	77

Barmer at a glance

Initiatives

Education

Balika Vikash Vidyalaya (Non Formal Education Centers)

The girl child education status in the region is very low. Most of families engage their girls in the domestic works and the families are not allowed their girls for getting schooling. The main objective of the programme is to enhance to health & education status of women and girl child. For the last 4 years DHARA has been running five non-formal education centers for the girls.

Sl. No.	Name of the NFE Center	Girls	Boys	Total
1.	Namanio Ki Dhani	23	28	51
2.	Sonanio Ki Dhani	20	23	43
3.	Patanio Ki Dhani	21	35	56
4.	Tikmanio Ki Dhani	17	11	28
5.	Ranjitani Bhilo Ki Dhani	20	22	42

Presently there are 5 **Balika Vikash Vidyalayas** are running in 5 different villages of the Barmer block in which male siblings are also getting education. The organization is providing all the study materials and necessary equipments for the students and centers.

There are 5 teachers appointed in 5 NFE centers to impart education to 220 (Male: 119 and Female: 101) children's by the support National Foundation for India, New Delhi. The childrens enrolled in the **Balika Vikash Vidyalaya** are belongs to the age group of 5 to 14 years, In regular intervention the teachers were provided various trainings to impart knowledge to the children in a relax atmosphere. In the NFE centers children are getting the primary education and passed children were linkages with government education facility. For the follow up of children and monitor the both the children and teacher parents meeting were also organized. No fees are being charging by the organization to impart education.

For the encouragement of students of the Balika Vikash Vidyalaya a Bal Mela was organized. The Bal Mela, which was organized in the last week of the project period in Setraw village. During the mela various competitions were

conducted between the children's like Debate (in the issues of Child rights, My Village,), essay writing, athletic (Running, long jump, high jump etc.), drawing (issues My Panchayat,), quiz etc.

The winners of the competitions were distributed prizes by the various resource persons invited in the Mela. The details of the no of winners of the each competition are as follows.

Shivamba Shivir (Girl's Education Camp)

A project Balika Shikshan Shivir was launched by DHARA in Ramsar to pass out 6th to 8th class to the drop out girls of the age group 8 to 14 years in 9 month of duration. In the Shivir total 101 girls were enrolled. The enrolled students are provided residential education. From DHARA NFE center 30 girls were linkage in the Shivir. Rajasthan Shikshakarmi Board, Jaipur, is supporting this project.

To impart education in the Camp (Shivir) 6-lady teacher are appointed. One-lady caretaker one watchmen were also appointed for the safety and to take care of the girls. All efforts were made to provide possible facilities to the girls. The girls were also got sweeter, uniforms, Bag from the organization. The educations, boarding and contingency imparted to the children are free of cost. No money has been charge to the children for the enrollment in the camp. Beside the academic education behavior change education are also providing to girls. A great change has been made in the behavior of the girls.

Early Child Development Centers and Mid Day Mill to School Children

In 5 Balika Vikash Vidyalaya's and 10 ECDC (Early Child Development Centers) mid day mill has been provided to the enrolled students. This mid day mill is being providing by Roman Catholic Dioseas Service Society, Ajmer. In the mid day mill bulgur and oil in which vitamins are added had provided to the students. In a month each child is getting 3.5 kg bulgur and 600 ml oil.

The objective to run these ECDC centers is to reduce malnutrition among the children's.

This mid day mill was not provided in free cost and Rs. 20/- has been charged to each child in a month as transportation cost. In the ECDC centers children's are getting preliminary educations and all the children are belongs to the age group of 3 to 6 years. There are 324 children's in 10 ECDC centers who are getting the preliminary education for 3 hours daily.

Health

HIV/AIDS Counseling Center

A HIV/AIDS Counseling center has been running in the district hospital of Barmer by the support of Principal Medical Officer, Barmer and Rajasthan State AIDS Control Society, Jaipur. This HIV/IADS Counseling has been running for the last 5 years. The main objective of the programme is to identify the HIV positive patients and provide them medical support from the government. For the counseling of the patients a counselor was appointed in the center.

In the last 5 years there were 2259 clients (Male 1673 and 586 female) were provided pretest and posttest counseling through the counseling center. From which 89 (Male 58 female 31) patients were found HIV positive to whom medical support provided from the government. Some of patients also sent to for the clinical treatment. The growth rate of the HIV positive patients could be pound through a chart.

Malaria Control Programme

In this region Malaria is a disease, which spreads, in a rapid growth. Due to malaria a lot of death occurs. The region behind the high death due to malaria is unawareness of people on malaria. For the awareness on Malaria and to reduce the high death rate DHARA had run a Malaria Control Programme in 50 villages of Barmer block by the support of URMUL Trust and Plan

International. There were 2 MRPs (Malaria resource Person) recruited to spread the awareness and to control the rapid spread of Malaria in the rural areas.

There were 50 DDC (Drug Distribution Centers) were opened in the 50 villages where medicines provided to the patients. The MRPs were tested the blood to know the presence of malaria and the patients found positive were provided RT (Radical Treatment) & the high risk patients were referred to the district hospital. During the programme DHARA Santhan has made its efforts to work with collaboration of government health system. To raise the awareness on malaria various activities were carried out like slogan writing, pamphlet distribution and street plays, incentives distribution by organizing various competitions in the schools etc. Malathian was sprayed in the villages to control the malaria and temophose liquid were mixed in the wells, tanks, GLRs, Nadis to prevent the spreading of malaria in the water.

Malaria Slide Testing Lab

Rajasthan Volunteer Health Association, Jaipur has been providing support for a Malaria Slide Testing Laboratory. The main objective of this project is to reduce the spread of malaria in 5 villages of one Panchayat. There was a Malaria slide Testing Lab opened in one panchayat where one lab technician was appointed and he is the responsible person who tests the slides and the patients found positive were referred to the nearest health centers.

Mobile Health Camp

In the month of December 5 *Swasthya Janch Shivir* were organized in the project area. During the health camp women, children, adults and males were treated who suffered from various diseases. The main diseases to whom treatment and counseling's provided are viral fever, malaria, sexual diseases, immunization of children and pregnant, reproductive problems, cough, stomachache, headache etc.

These camps are organized constantly for 5 days in the project area. Where total of 568 patients were provided counseling and treatment as per the

diseases. From which 82 patients were referred to the nearest hospital. In the

Sl. No	Name of Diseases	No. of patients provided Treatment & Counseling	No. of Patients referred
1.	Viral Fever	62	
2.	Pneumonia	38	
3.	Tuberculosis	0	16
4.	Abdomen Pain	10	
5.	Scabies	27	

camp 165 children's and 30 pregnant were immunized with BCG, DPT I, II, III, TT, Vitamin A, polio vaccine I, II, III and missals. One HIV/AIDS patient was also

came to the camp with his reports and that patients was referred to the Voluntary Counseling and Testing Center which is in Dist. Hospital, Barmer that is running by DHARA Sansthan itself for the counseling and testing.

Immunization

To prevent from six life risk diseases of the children the organization had immunized the infants and children through the support of local ANM. The immunization programme was being continued in regular intervention. The details of the total infants and children immunized are given below.

Sl. No	Name of Village	BC G	DP T/P 1	DP T/P 2	DP T/P 3	Measles
1.	Setraw	14	18	14	11	13
2.	Sura Charnan	10	14	11	7	9
3.	Dudhwa Khurde	12	16	13	10	8
4.	Chadar	7	11	9	6	5

Women Empowerment

Lok Adhikar Yojna

Lok Adhikar Yojna a programme which is supported by Action Aid, India, Jaipur. There are 3 Gram Panchayat Resource Centers were opened in 3 panchayat of Barmer, Shiv and Pachpadra block. The main objective of the project is to aware the rural dalit community by providing information about their rights. The information on rights were spreaded through forming Dalit

self Help Groups, Women Self Help groups and Youth groups. During the programme various pensions provided to the older persons, widows, handicap certificates, residential certificate etc. by applying applications in the government departments.

People were aware so much that now they are sending their children's to schools, and raise their voice against the violence, women are participating in the meetings and they are able to fight against the castism.

Self Help Group Formation

To empower the women in the region a programme was provided by NABARD, Jaipur to form Self Help Groups. During the programme there were 49 women self help groups formed. These all the 49 groups were linkaged with the nearest bank for saving and loaning.

All these 49 groups are being depositing their monthly installments in the bank. Presently there are approximately Rs. 80000/- deposited in various banks by the self help groups. During the programme there were Rs. 1, 20, 000/- loan provided to 6 self help groups (Rs. 20000/-each group) as agriculture loan from the banks. These self-help groups are the active volunteers of the organization and participate actively in the various activities of the organization.

Exposure Visit of Self Help Groups

An exposure visit has organized for the women SHG members. Sums of 30 women members of 10 SHG groups were visited to Ajmer. During the visit the participants visited to various economical empowerment activities like poultry farm, dairy farms etc. The participants were also gain knowledge about the maintenance of bank accounts, bank loaning process, membership fees collection etc.

Mahila Samelan (Women's Meeting)

A large Mahila Samelan has been organized in Namanio ki Dhani village where the members of self-help groups were invited. The main objective of the

samelan was to aware the community about the benefit of the SHGs and how to empower the women through SHGs. During the samelan 300 women are participated and various officers of the banks were invited and they had imparted knowledge about the various facilities in the banks for the self-help groups. This was supported by Action Aid, India, Jaipur.

Handicraft Training for Women Self Help Groups

By the support of district industries Center, Barmer and under the house industry project, Handicraft training programme for women self help groups was organized. The main objective of the training programme is to organize vocational training to women's for the economic empowerment. During the programme 10 women members of one SHG were provided training on handicraft works. For the training one Master Trainer and one assistant was appointed. This is a three-month training programme. During the training programme women were gained knowledge on handicraft works like patch work, embroidery, mirror work etc.

Other Developmental Activities

Integrated Agriculture Development Programme

In these area the major problem that farmers face is water shortage-both for drinking as well as for agriculture. After the rainy season all the rainwater often drains out from the farmland and the same rainwater carries with it the upper soil, which is considered to be fertile for the cultivation. This results in low productivity from the land and the land remains barren for a long period during the year.

Therefore to upgrade the productivity of the agriculture land this programme was launched in one village of Shiv block by the support of Roman Catholic Diocesan Service Society, Ajmer. Under the programme agriculture lands were bunded and Nadi (Pond) digged for the conservation of rainwater. There were 16.5 km of farm bunding created to enhance the productivity of the agriculture land and 2 nadis (Pond) desalted for the conservation of drinking water.

During the farm bunding 25 individual persons were directly benefited. There were total of 19531 workdays provided to the beneficiaries for the farm bunding and *Nadi* (Pond) desalting from whom 2169 workdays contributed as in service and Rs. 55342/- in cash by the beneficiaries. The beneficiaries were provided 78124 kg bulgur and 4882-liter oil as their wages.

Design Development Training of Weavers (WSC)

Design development training for the weavers was organized for 15 days in Barmer. There were 20 weavers of one village of Chouhatan block participated in the training. The main objective of the training programme is to impart knowledge on new designs to weavers. For the training one designer was appointed and he had provided his service during the training. The participants were provided stipend for participating in the training. Various new design of knowledge provided to the weavers, which are in demand in the market. After the training a society was formed of the weavers and through this society the weavers will start the employment.

This programme was supported by Weavers Service Center, Jaipur.

Design & Product Development Training of Pattu Weavers by forming SHG (RUDA)

Rural Non Farm Development Agency, Jaipur had provided the training programme to 25 weavers of one village of Barmer block. During the programme the weavers were provided knowledge on new designs to produce pattu, mats, blankets etc. For the product development the weavers were provided wools, which will be sale in the market in future.

There were 2 Self Help groups formed of the weavers and linkaged in the bank for saving and loaning.

Environment Awareness Campaign

To save the environment and increase awareness on environment in rural community an environment awareness campaign programme was implemented in one village of Barmer block. During the campaign a rally was

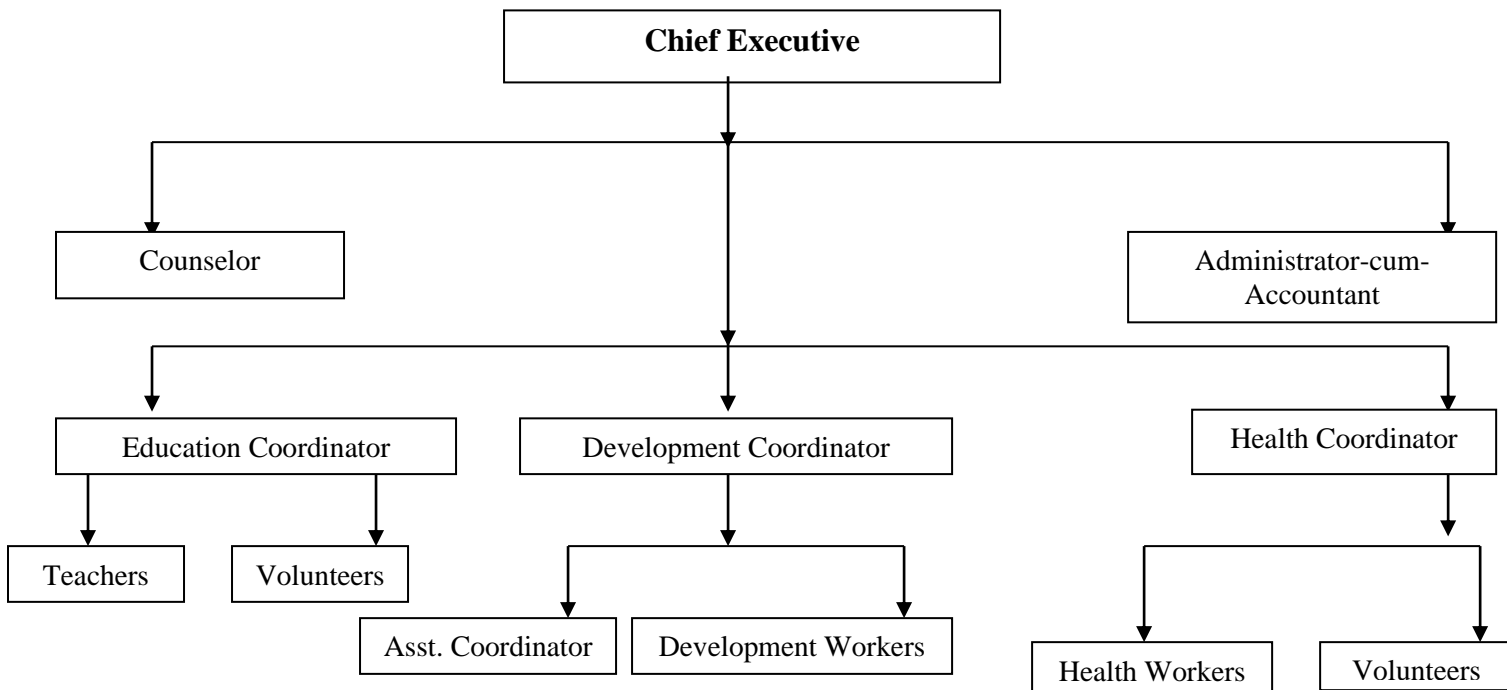
organized through children and a meeting was also organized in the village in which resource persons were provided information to save the environment. During the programme a catchments around a tube well was constructed to utilize the wastewater of the tube well.

Voters Awareness Campaign on Panchayati Raj Election

During the panchayati raj election in the region Dhara Sansthan had started a voters awareness campaign in the rural areas. This campaign was organized in 23 villages of Barmer block. During the campaign the workers of the organization were provided information about nomination forms, to elect the right person as member. For the awareness various pamphlets distributed, posters pasted and meetings organized in the region. Unnati, Jodhpur has supported this campaign.

Our **Human Resources**

Sl. No.	Name	Designation	Qualification
1.	Mr. Mahesh Panpalia	Chief Executive	M.A
2.	Dr. Arvind Basotia	HIV/AIDS Counselor	B.A.M.S, M.A
3.	Mr. Taraprasd Panigrahi	Administrator	B.A
4.	Mr. Girraj Prasad Jangir	Coordinator (Education)	M.A
5.	Mr. Nemichand	Coordinator (Development)	M.A
6.	Mr. Balwant roy Dhande	Front line Worker	B.A
7.	Mr. Narana ram Saran	Teacher Cum development Worker	B.A
8.	Mr. Sukh ram	Teacher Cum development Worker	B.A
9.	Mr. Jagdish	Development worker	B.A
10.	Mr. Chokha Ram	Teacher cum Development worker	Senior secondary
11.	Mr. Hamira ram	Development (Coordinator)	Senior Secondary
12.	Mr. Thanaram	Development (Coordinator)	Senior Secondary
13.	Mrs. Shanti Choudhary	Asst. Coordinator	Senior Secondary
14.	Mrs. Dhapu Choudhary	Asst. Coordinator	Senior secondary
15.	Ms. Amisha Gehlot	Camp Incharge	B.A
16.	Ms. Rekha Sankhla	Teacher	M.A
17.	Ms. Anita	Teacher	B.A
18.	Mrs. Sharmila Rathore	Teacher	B.A
19.	Mrs. Taramani	Teacher	M.A
20.	Mrs. Saroj Choudhary	Teacher	B.A
21.	Mrs. Gita Devi	Cook	Literate
22.	Mrs. Messi	Cook	Literate
23.	Mrs. Sita devi	Carte taker	Literate
24.	Mr. Jetaram	Watchman	Literate

Organogram of DHARA

Our Governing body

Sl. No.	Name	Designation	Occupation	Address	Nationality
1.	Dr. Kumkum Shrivastava	Chair Person	Social Activist working in an NGO named VIHAN	76, Shanti Niketan Colony, Kishan Marg, Tonk Fatak, Jaipur (Raj.)	Indian
2.	Mr. Mahesh Panpalia	Secretary	Social Worker, working in an NGO name DHARA Sansthan	Roy Colony, Near I.T. Office, Barmer-344001 (Rajasthan)	Indian
3.	Mr. Kallaram Panwar	Treasurer	Retired Teacher	Darjiyoun ka Mohla, Behind S.B.B.J., Barmer-344001	Indian
4.	Mr. Ram Babu	Member	Executive Director, I.I.R.D, Jaipur	2/414 Malviya Nagar, Jaipur (Raj.)	Indian
5.	Dr. Rajkumari Surana	Member	Social Analyst	Sharda Kunj, Near Officers Colony, Barmer	Indian
6.	Mr. Yagyadut Joshi	Member	Advocate	Joshiyon Ka Uparla mohla, Panghat Road, Barer-344001	Indian
7.	Ms. Jaimala Gupta	Member	Trustee/Secretary, Vatsalya (NGO)	23, Arvind Park, Tonk Road, Jaipur	Indian

